Half Beef Reference Sheet

Round Tip- 8-10 LBS- Steaks, Roasts or Grind- Steaks best tenderized **Top Round**-9-11 LBS- Steaks Roasts or Grind- Steaks best tenderized Bottom Round- 7-9 LBS- Cube Steaks, Roasts, or Grind Rump Roast- 8-10 LBS- Roasts or Grind Pikes Peak- 5-6 LBS- Roast or Grind Sirloin- 8-10 LBS- Steaks, Roast or Grind Tri Tip- 2 Lbs - Roast or Steaks Bavette- 3-4 LBS- Steaks or Fajita Strips, or Grind- Grill, Broil or Pan Sear (Best served MED Rare) Skirt Steak-2-3 LBS- Steaks, Fajita Strips or Grind Loin- 16-18 LBS- T-Bones OR Porterhouse Steaks, Bone in with 1-2 LBS of Filet Steaks OR 10-12 LBS- New York Strip Steaks Boneless with 4-5 Lbs of Filet (Tenderloin Steaks) Flank- 1.5 LBS- Steak or Grind Brisket- 5-6 LBS- Great for BBQ- with a half you get the whole brisket Rib- 11-12 LBS- Steaks, Roasts, Boneless or Bone in- (Ribeyes or Prime Rib Cut) Short Ribs- 4-5 LBS- Bone in- Good for BBQ 2" pieces Soup Bones- 8-10 LBS Chuck- Bone in- 20-25 LBS- Steaks or Roasts Boneless- 10-12 LBS- Steaks, Roasts, Grind (With Flatiron Steaks- 2 LBS- Very flavorful and tender) Arm- 7-8 LBS- Roast, Grind, Roast bone in not available with boneless chuck roasts Pot- 7-8 LBS- Roast, Grind- Roast bone in Stew Meat- 7-9 LBS Ground Beef- 70 LBS (90/10 Lean Beef- Unless otherwise specified) **Patties**- You choose if you want any patties and the total will come out of your ground weight. Patties come in $\frac{1}{4}$ LB, $\frac{1}{2}$ LB and $\frac{1}{3}$ LB options. Organ Meat-Liver- 4 LBS Heart- Cut in Half

Tongue- 1 Whole per beef Oxtail- 1 Whole per beef